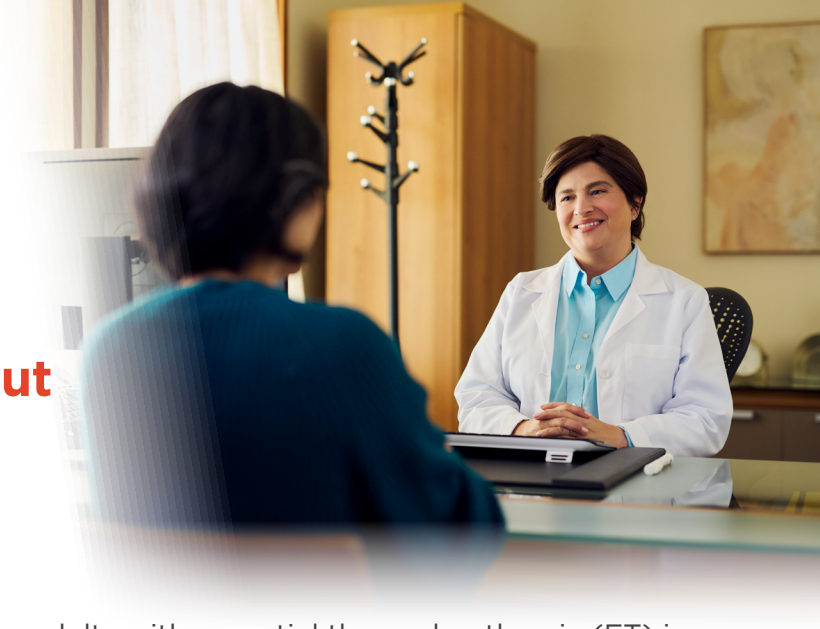
BESREMi®
(ropeginterferon alfa-2b-njft)
INJECTION



Talk With Your Doctor About Targeting ET at the Source With BESREMi

BESREMi is the first FDA-approved treatment for adults with essential thromobcythemia (ET) in nearly 30 years, and it may be right for you.

This guide can help you summarize your ET journey and put questions for your doctor in one place so you're ready to discuss your treatment options at your next appointment.

What's inside the guide:

1

Questions for you

Answer a few quick questions about your experience with ET to share with your doctor, including information about current medications, symptoms, treatment goals, and more.

2

Questions for your doctor

When you're ready to talk to your doctor about targeting ET at the source, this guide offers helpful questions to empower and prepare you for those conversations.

Read this Important Safety Information carefully. It explains the serious risks of BESREMi and how to take it safely. Talk to your healthcare provider if you have any questions.

What is BESREMi used for?

BESREMi is for the treatment of adults with essential thrombocythemia.

What is the most important information I should know about BESREMi?

BESREMi can cause serious side effects, including conditions that may cause death or may worsen certain serious diseases you may already have. If symptoms get worse, or become severe and continue, your healthcare provider may tell you to stop taking BESREMi permanently. These symptoms may go away in some people after they stop taking BESREMi.

Please see additional Important Safety Information throughout and full Prescribing Information, including Boxed Warning and Medication Guide.

Questions for you

Tell us about your ET journey

Answer the questions below and share the responses at your next doctor's appointment to help advocate for yourself and your ET treatment goals.

- When were you diagnosed with ET?

  _____

- What treatment(s) are you currently taking for ET?

  _____

  _____

- Besides platelet counts, what does your doctor consider when assessing how well your ET treatment is working?

  _____

- What ET symptoms, if any, are you still experiencing?

  Please check all that apply.

  - ☐ Fatigue
  - ☐ Night sweats
  - ☐ Difficulty concentrating or "brain fog"
  - ☐ Itching
  - ☐ Abdominal pain or discomfort
  - ☐ Bone pain
  - ☐ Feeling full quickly
  - ☐ Being less active than usual
  - ☐ Unintentional weight loss
  - ☐ Fever
  - ☐ None
  - ☐ Other _____

    _____

    _____

- How satisfied are you with the current treatment?

  ☐ Not at all satisfied ☐ Not very satisfied ☐ Neutral ☐ Mostly satisfied ☐ Completely satisfied

Quick tips:

- Ask your doctor how different ET treatments work and whether they target the underlying cause of the disease.
- It's okay to say that you're not feeling "fine." Be open with your doctor about any symptoms you're having—even the small ones—and how they affect your daily life and emotional well-being. It all helps them understand how you're really doing

IMPORTANT SAFETY INFORMATION (continued)

Mental health problems, including suicide

BESREMi may cause mood or behavior problems that can get worse during treatment or after your last dose, including:

- Irritability (getting upset easily)
- Restlessness and agitation
- Confusion

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Questions for you

Tell us about your ET journey (continued)

What concerns about current treatment, if any, would you want to discuss with your doctor?

Please check all that apply.

- ☐ Doesn't address long-term treatment goals
- ☐ Side effects
- ☐ Doesn't address all symptoms
- ☐ Less effective over time
- ☐ Disrupts or affects lifestyle negatively
- ☐ How often treatment is taken
- ☐ Lack of support throughout process
- ☐ Other _____

_____

_____

_____

When considering a treatment for ET, what are you most interested in?

Please check all that apply.

- ☐ Treating ET at the source
- ☐ Avoiding chemotherapy
- ☐ Controlling platelets and white blood cell counts
- ☐ Lowering the risk of blood clots and thrombotic events
- ☐ Achieving long-term treatment goals
- ☐ Taking treatment less frequently
- ☐ Receiving support throughout the process

IMPORTANT SAFETY INFORMATION (continued)

Mental health problems, including suicide (continued)

- Depression (feeling low, hopeless, or bad about yourself)
- Unusually grand ideas
- Acting aggressive or impulsively
- Thoughts of hurting yourself or others, or thoughts of suicide

If you develop any of these symptoms, call your healthcare provider immediately.

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Questions for your doctor

Ask if BESREMi is the right option for you

After discussing your treatment goals with your doctor, you can bring up BESREMi. Use the questions below to start your conversation.

- Is BESREMi an option to treat my ET at the source?

- Can you explain how BESREMi works to achieve comprehensive ET control?

- What should I know about starting BESREMi?

- How long might it take for me to reach blood count control?

Did you know?

- Adults with ET can take BESREMi regardless of treatment history
- BESREMi is not chemotherapy, it's an innovative immunotherapy that uses the body's immune system to fight disease

IMPORTANT SAFETY INFORMATION (continued)

New or worsening autoimmune problems

BESREMi may cause your immune system to attack healthy cells, leading to conditions such as thyroid disease, increased blood sugar (hyperglycemia), or type 1 diabetes. Call your healthcare provider if you experience:

- Extreme tiredness
- Frequent urination
- Excessive thirst

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Questions for your doctor

Ask if BESREMi is the right option for you (continued)

- How do I take BESREMi, and how often do I take it?

- Can BESREMi replace my current treatment?

- Do you have any other questions or concerns you want to bring up with your doctor?

BESREMi Pen™ delivers simplified administration in a ready-to-use pen.

Tips for starting and staying on BESREMi

Now that you've talked to your doctor about BESREMi, you may be wondering what to expect once you begin treatment. Find practical tips to help prepare you and keep you on track, including suggestions for how to manage the most common side effects of BESREMi.

Explore our downloadable guides and educational tools at **BESREMi.com/ET/resources**.

Find support as you navigate financial assistance and your BESREMi journey

From questions about insurance to how to use BESREMi Pen, PharmaEssentia SOURCE™ will be with you every step of the way. Our program offers:

- Help with understanding insurance coverage and financial assistance options
- A live training on how to use BESREMi Pen
- Ongoing guidance from a PharmaEssentia SOURCE Case Manager

For more information, visit PharmaEssentiaSOURCE.com.

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IMPORTANT SAFETY INFORMATION (continued)

Heart problems

BESREMi may cause heart problems, including:

- Cardiomyopathy (heart muscle disease)
- Heart attack
- Irregular heartbeat (atrial fibrillation)
- Decreased blood flow to the heart

You should not take BESREMi if you have:

- Uncontrolled high blood pressure
- Congestive heart failure
- A serious abnormal heart rhythm
- Narrowing of the arteries to your heart
- Certain types of chest pain (angina)
- A recent stroke or heart attack

Who should not take BESREMi?

Do not take BESREMi if you:

- Have or had severe mental health problems, especially depression, suicidal thoughts, or attempted suicide
- Have or had a serious or untreated autoimmune disease
- Are allergic to interferon or any ingredient in BESREMi (symptoms may include itching, swelling, trouble breathing, dizziness, or chest pain)
- Have certain types of liver disease
- Have had a transplant and take immune-suppressing medication

Before using BESREMi, tell your healthcare provider about all of your medical conditions, including if you have any of the following:

- A mental illness
- Type 1 diabetes
- Heart or bleeding problems
- Problems with your immune system
- Hepatitis B or HIV infection
- Kidney or liver problems
- Are pregnant or planning to become pregnant
  - BESREMi may harm your unborn baby. Use effective birth control during treatment and for at least 8 weeks after your last dose
  - BESREMi may affect your menstrual cycle and could stop your periods
  - Do not breastfeed while taking BESREMi

What are the possible side effects of BESREMi?
Serious side effects include:

- Low blood cell counts: Taking BESREMi can lead to infections, anemia, or bleeding problems. Call your healthcare provider right away if you develop weakness and tiredness, bruising easily, nose bleeds often, fever, chills, burning and painful urination, urinating often, or coughing up yellow or pink mucus (phlegm)

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IMPORTANT SAFETY INFORMATION (continued)

Serious side effects include: (continued)

- Serious allergic reactions: Get medical help right away if you get any of the following symptoms: skin rash or hives; itching; swelling of the face, eyes, lips, tongue, or throat; trouble breathing; chest pain; or feeling faint
- Eye problems: BESREMi can cause severe eye problems with your retinas that can lead to vision loss or blindness. You should have an eye exam before and during treatment with BESREMi if you have diabetes or high blood pressure and also have retinal problems
- Liver problems: BESREMi can cause increases in liver enzymes and liver damage. Your healthcare provider should do blood tests to monitor your liver enzymes and liver function before you start and during treatment with BESREMi
- Kidney problems: Your healthcare provider will do blood tests to check your kidney function before starting and during treatment with BESREMi. Tell your healthcare provider right away if you develop any symptoms of a kidney problem, including: changes in the amount or color of your urine, swelling in your ankles, blood in your urine, or loss of appetite
- Tooth and gum problems: BESREMi can cause tooth loss and/or dry mouth. It is important for you to brush your teeth well, two times each day and have regular dental examinations during treatment with BESREMi
- Skin reactions: BESREMi may cause reaction such as rash, itching, and hair loss
- Increased triglycerides: You may require blood tests to monitor levels

The most common side effects of BESREMi include increased liver function tests, low red blood cell counts (anemia), fever, increased protein in the urine, bacterial infection, itching, and weight loss.

These are not all of the possible side effects of BESREMi.

Call your doctor for medical advice about side effects. You may report side effects to PharmaEssentia at **1-800-999-2449** or FDA at **1-800-FDA-1088**.

Please see additional Important Safety Information throughout and full Prescribing Information, including Boxed Warning and Medication Guide.

PharmaEssentia

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